

*Single White Monk* by Shozan Jack Haubner

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Religion / Zen / Memoirs / Humor

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“The best account I have ever read of the education of a Zen monk in America.” —Leonard Cohen, on *Zen Confidential*



## Shozan Jack Haubner

Author of

### Single White Monk

Tales of Death, Failure, and Bad Sex  
(Although Not Necessarily in That Order)

Think the life of a Zen monk is all serenity, peace, and austerity? Think again. Here, Shozan Jack Haubner gives an often-hilarious, always candid account of what it's really like behind those monastery walls. Haubner's adventures include memories of his Midwestern family, a madcap account of the night he got stoned and snuck out of the monastery, and more sobering accounts such as his life-threatening brush with illness, the profound impact of a dear friend's death, and reflections on the controversy that rocked his Zen community. That he finds timeless wisdom in both the tragic and the absurd is a tribute to Haubner's gifts as a writer and humorist, and to his clear insights into the nature of self and what the practice of Zen is all about.



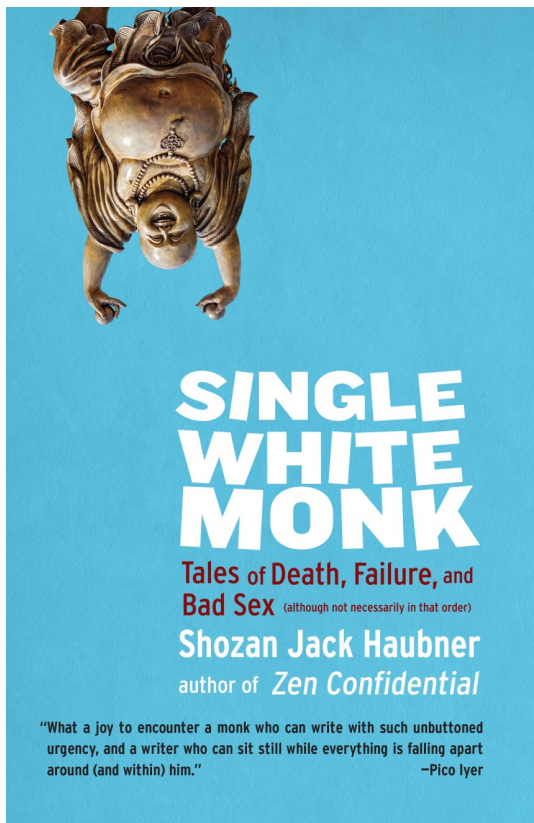
**Shozan Jack Haubner** is the pen name of a Zen monk whose essays have appeared in *The Sun*, *Tricycle*, *Buddhadharma*, and the *New York Times*, as well as in the *Best Buddhist Writing* series. The winner of a 2012 Pushcart Prize, he is also the author of *Zen Confidential: Confessions of a Wayward Monk*.

**The author will be in NYC Oct. 9–13,  
and LA Oct. 16–26.**

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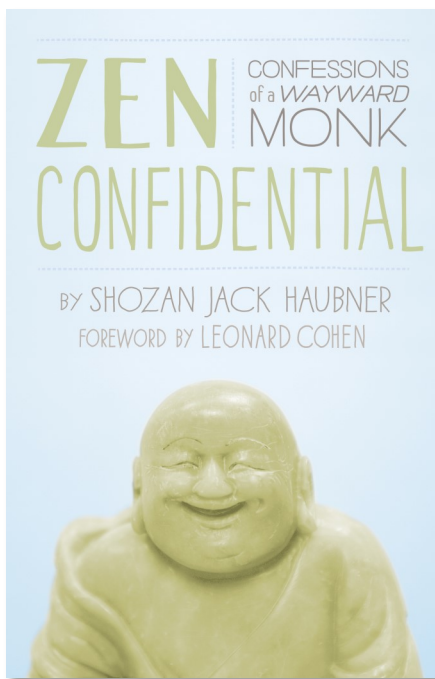




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## Praise for *Single White Monk*:

“Haubner has the rare, the enviable, gift of being sneakily wise, un-pious, liberating, and 1000 percent himself, all while not seeming to take too much too seriously. Reading *Single White Monk*, I had to keep a notebook by my side to catch the startling truths—about death, about ego, about suffering—that kept flashing out from its riotous pages.”—Pico Iyer, author of *Video Night in Kathmandu*

“A lot of books, movies, and TV shows present pretty fantasies of the lives of Zen monks. Those are cute, but I doubt they do anything but fill people’s heads with unrealistic dreams. Shozan writes about what it’s really like.”—Brad Warner, author of *Hardcore Zen*

“Haubner has written a beautiful book that both Buddhist practitioners and general readers will love. *Single White Monk*, as one man’s spiritual journey, is existentially raw, bawdy, spiritually refined, and satisfies in every way I can imagine.”—Charles Johnson, author of *Middle Passage*, winner of the National Book Award



## Praise for *Zen Confidential*:

“The author’s search to ‘grow into a true human being’ is described with startling metaphors, acute insights, and humor. . . . Haubner’s unorthodox take on the spiritual search, marked by moments of grace, and his strength as an essayist will win over a specific audience willing to accept his dare.”—*Publishers Weekly*

“This punk of a monk, who should be tending to his own affairs, has decided to infect the real world with his tall tales, and worse, to let the cat out of the bag. And what a sly, dangerous, beautiful, foul-smelling, heart-warming beast it is.”—Leonard Cohen

“This is the funniest, most genuine spiritual memoir I have ever read.”—Lodro Rinzler, author of *The Buddha Walks into a Bar . . .*

